

BEREAVEMENT SUPPORT

Local Support

The Dove Service. Offering counselling and support to people who have experienced a bereavement or significant loss. T: 01782 638155 E: enquiries@thedoveservice.org.uk www.thedoverservice.org.uk

Social Inclusion & Bereavement Worker. Lynn is the 'Outreach Worker' based at Biddulph Methodist and Victoria Centre, providing advice and support for those who have been recently bereaved and/or are feeling socially isolated.

Lynn's role is to encourage engagement in community-based activities to improve the quality of life for the residents of Biddulph and the wider communities.

For more information telephone Lynn on 07776 166990 or email her via lynn@biddulphmethodists.org

General Advice and Information

A Child of Mine. Practical information, guidance and emotional support after a baby or child has died. T: 01785 283434 <https://achildofmine.org.uk>

Bereavement Advice Centre. Practical help when someone dies. T: 0800 6349494 www.bereavementadvice.org

Cruse Bereavement Care. Support, advice and information when someone dies. Working to enhance society's care of bereavement people. T: 0808 8081677 www.cruse.org.uk

Grief Encounter. Support to bereaved children and young people. T: 0808 8020111 <https://griefencounter.org.uk>

NHS. Need medical attention? Call 111 or dial 999 in an emergency. For general medical information and advice, go to nhs.uk

Samaritans. A 24 hour confidential telephone helpline, also contactable via email. T: 116 123 E: jo@samaritans.org

Survivors of Bereavement by Suicide. Providing dedicated support to adults who have been bereaved by suicide. T: 0300 1115065 <https://www.sobs.org>