Age UK
Description: Free confidential advice line for older people, their families, friends carers and professionals, available 8am-7pm, 365 days a year.
Examples:

- What benefits to claim and how to claim them
- Anxious about planned hospital stay and how to cope when leave
- Advice on choosing the right care home

Number of guides and fact sheets online, for example: avoiding scams, wills and estate planning, when someone dies, care homes.
A variety of volunteering opportunities are available at Age UK Staffordshire; learn new skills, meet new people and make a positive difference.
Phone:
National Advice Line 0800 678 1602. Age UK Staffordshire 01785 788477
Email: info@ageukstaffordshire.org.uk
Website URL: https://www.ageuk.org.uk

Biddulph Ladies Afternoon Club
Description: Voluntary club for ladies with meetings, guest speakers, outings and lunches. Meet every 2nd Thursday of the month at 1.45pm Biddulph Town Hall.
Contact: Christine Faughnan or Kathleen Ashley
Phone: 01782 297845 (Christine) or 01782 513639 (Kathleen)
Email: ashleykatha@btinternet.com

Biddulph Local People's Group
Description: Lots of activities including arts and crafts, produce a scrap/memory book or box of your life, genealogy, pub games (cards and dominoes), board games (scrabble and chess) plus free food drop in (from January 2026 – Tuesdays only). Meet Biddulph Town Hall every Tuesday and Biddulph Youth & Community Zone every Thursday, 10am to 12 noon.
Phone: 07898 322998
Email: Biddlpp2020@gmail.com

Biddulph Moor Evergreen Club
Description: For the over 55's. Meet first & third Thursdays 2pm-4pm at Biddulph Moor Village Hall.
Contact: Mrs Beryl Walton
Phone: 01782 514915
Contact: Eileen and Bert Phillips
Phone: 01782 511073

Biddulph u3a
Address: Lund House, Lawton Street, Biddulph ST8 6EX
Description: Are you retired, or about to retire? If you are looking to make new friends, develop interests, learn new skills and have some fun, Biddulph u3a offers plenty of choice from sports and fitness, through to languages, book clubs, games, music, singing, dancing, arts and crafts, photography, social studies and genealogy. All sessions are run by members and take place at Lund House, Biddulph Leisure Centre, Biddulph Town Hall or the Library. To become a member or find out more please get in touch. Days/times may be subject to change. New classes may be added. Check website for latest information
Phone: 01782 518518
Email: membership@biddulph3a.co.uk
Website URL://u3asites.org.uk/biddulph

Daybreak Day Opportunities
Description: A service for people aged 50 and over in the Biddulph area to promote their physical and mental well-being, reduce isolation and give carer relief. A range of activities are offered such as baking, exercise groups, arts & crafts, table games and quizzes. Breakfast and a two course lunch is served, together with refreshments. Meet in the Victoria Centre, Station Road, Biddulph ST8 6BJ 9am to 4pm, Tuesdays and Fridays.
Contact: Fiona Fowler
Phone: 07981 856972
Contact: Sandra Shenton
Phone: 0797 0913780
Email: daybreak.dayopps@yahoo.co.uk

Moorlands Voluntary & Community Transport
Address: Biddulph Town Hall, High Street, Biddulph ST8 6AR
Description: Provides friendly, helpful volunteer drivers, who use their own cars to offer transport to those who need to attend medical appointments and fit the following criteria - live in the Staffordshire Moorlands, have no other transport available and are unable to use public transport. Try to give a minimum 1 week notice. There is a charge for the service, this is based on the number of miles travelled. Due to volunteer availability we can not guarantee to be able to do all journeys we are asked to do. Volunteer drivers are always needed.
Phone: 01782 511659 (Biddulph office)
Email: contact@mvct.co.uk
Website URL: https://www.mvct.co.uk

The Silver Line
Description: A free confidential national helpline providing information, friendship and advice to older people, open 24 hours a day, every day of the year.
Phone: 0800 470 8090
Email: info@thesilverline.org.uk
Website URL: https://www.thesilverline.org.uk/